



KONFERENZ ZUR NACHT
9.-11. NOV 2017, BERLIN

Stadt Nach Acht– Berlin 09.-11. November

Psy Care: Psychedelische Betreuung in Clubs und auf Festivals

FREITAG 10.11.2017 14:00-15:30

Abstract Levente Móró, PhD.

Psychedelic festivals pose extra safety risks due to drug impurities, dosing errors, misidentifications, drug interactions, medical conditions, or reckless attitude. Harm reduction services include water distribution, substance information, first aid, psychological help, and drug checking. While hallucinogens (LSD, DMT, psilocybin, mescaline, etc). may cause life-enriching experiences in an ideal „set” and „setting”, temporary alterations of consciousness may turn into a “bad trip”, “psychedelic emergency”, or “spiritual crisis”. Specially trained harm reduction teams (“psychedelic support”, “psycare”) intervene in psychedelics-related problematic situations. In my presentation, I introduce harm reduction and psycare services, discuss psychological suitability for psycare work, and describe psychedelic consciousness alteration. I also summarise methods to help people with difficult experiences, and present example cases and data collected at international festivals by our psycare team, DÁT2 Psy Help in Hungary.